## **December 20 – Fourth Sunday of Advent**

## Matthew 4:16 (NIV)

The people living in darkness have seen a great light; on those living in the land of the shadow of death a light has dawned.

Isaiah prophesied through God that Jesus would come and be the light for the people in Galilee. Jesus went to Galilee at the beginning of his ministry after hearing that John had been arrested. By going to Galilee, Jesus fulfilled Isaiah's prophecy by being a light to those surrounded by darkness.

Just like the Galileans, we all face our own darkness. Jesus is always there to help us through our own personal darkness no matter how big or small. Sometimes we try to face our trials without the help of Jesus. If we let Jesus in he can help make our load more bearable and light up our darkness. Darkness can look different in all of our lives: it could be a difficult test, friendship issues, the loss of a loved one, or even not being able to do the things you love in light of a pandemic. Trying to face these things on our own can be incredibly difficult, which is why it is so comforting to know we can always turn to Jesus to help us through hard times.

~ Charlotte Holliway